



GULBENKIAN

**GLOBAL MENTAL HEALTH**

PLATFORM

GULBENKIAN FORUM ON MENTAL HEALTH

# Socioeconomic Crises and Mental Health: from Research to Action

24<sup>th</sup> and 25<sup>th</sup> November 2016

Calouste Gulbenkian Foundation, Lisboa

Auditorium 2

ADMISSION FREE

# Programme

24  
NOVEMBER

|                                      |  |
|--------------------------------------|--|
| 9h00                                 | Opening Session  |
| 9h30<br><b>KEYNOTE LECTURE</b>       | <b>The health gap: The challenge of an unequal world</b><br><b>CHAIR - António Correia de Campos</b> NATIONAL SCHOOL OF PUBLIC HEALTH, NOVA UNIVERSITY OF LISBON<br><b>Sir Michael Marmot</b> UNIVERSITY COLLEGE LONDON, UK  |
| 11h00                                | Coffee break   |
| 11h30<br><b>ROUND TABLE</b>          | <b>Economic crisis and mental health in Europe</b><br><b>CHAIR - Sérgio Gulbenkian</b> CALOUSTE GULBENKIAN FOUNDATION<br><b>David McDaid</b> LONDON SCHOOL OF ECONOMICS AND POLITICAL SCIENCE, UK<br><b>Luis Salvador-Carulla</b> BRAIN & MIND CENTER, THE UNIVERSITY OF SYDNEY, AUSTRALIA<br><b>Stelios Stylianidis</b> PANTEION UNIVERSITY OF SOCIAL AND POLITICAL SCIENCES, GREECE                |
| 13h00                                | Lunch break  |
| 14h30<br><b>ROUND TABLE</b>          | <b>Economic crisis, contextual factors and mental health in Portugal</b><br><b>CHAIR - João Ferrão</b> INSTITUTE OF SOCIAL SCIENCES, UNIVERSITY OF LISBON<br><b>Paula Santana</b> CEGOT, UNIVERSITY OF COIMBRA<br><b>Graça Cardoso</b> LISBON INSTITUTE OF GLOBAL MENTAL HEALTH AND NOVA MEDICAL SCHOOL<br><b>Pedro Pita Barros</b> NOVA SCHOOL OF BUSINESS AND ECONOMICS, NOVA UNIVERSITY OF LISBON |
| 16h00                                | Coffee break   |
| 16h30<br>18h00<br><b>ROUND TABLE</b> | <b>Old and new vulnerabilities</b><br><b>CHAIR - António Leuschner</b> NATIONAL COUNCIL OF MENTAL HEALTH, PORTUGAL<br><b>Benedetto Saraceno</b> LISBON INSTITUTE OF GLOBAL MENTAL HEALTH AND NOVA MEDICAL SCHOOL<br><b>Renato Carmo</b> CENTRE FOR RESEARCH AND STUDIES IN SOCIOLOGY (CIES-IUL)<br><b>Susana Trovão</b> FACULTY OF SOCIAL SCIENCES AND HUMANITIES, NOVA UNIVERSITY OF LISBON         |

25  
NOVEMBER

|                                |   |
|--------------------------------|---|
| 9h00<br><b>KEYNOTE LECTURE</b> | <b>Poverty, inequalities and mental health</b><br><b>CHAIR - Carlos Farinha Rodrigues</b> LISBOA SCHOOL OF ECONOMICS AND MANAGEMENT, UNIVERSITY OF LISBON<br><b>Crick Lund</b> UNIVERSITY OF CAPE TOWN, SOUTH AFRICA  |
| 10h30                          | Coffee break  |
| 11h00<br><b>ROUND TABLE</b>    | <b>Economic crisis and mental health in Portugal: Preliminary results of the national mental health survey follow-up</b><br><b>CHAIR - Arne Holte</b> NORWEGIAN INSTITUTE OF PUBLIC HEALTH, NORWAY<br><b>JM Caldas de Almeida</b> LISBON INSTITUTE OF GLOBAL MENTAL HEALTH AND NOVA MEDICAL SCHOOL<br><b>Manuela Silva</b> LISBON INSTITUTE OF GLOBAL MENTAL HEALTH<br><b>Ana Antunes</b> LISBON INSTITUTE OF GLOBAL MENTAL HEALTH AND NOVA MEDICAL SCHOOL                          |
| 12h30                          | Lunch break   |
| 14h00<br><b>ROUND TABLE</b>    | <b>Mental health and families in times of crisis</b><br><b>CHAIR - Daniel Sampaio</b> FACULTY OF MEDICINE, UNIVERSITY OF LISBON<br><b>Margarida Gaspar de Matos</b> FACULTY OF HUMAN KINETICS, UNIVERSITY OF LISBON<br><b>Diana Frasquilho</b> LISBON INSTITUTE OF GLOBAL MENTAL HEALTH AND NOVA MEDICAL SCHOOL<br><b>Anália Torres</b> INSTITUTE OF SOCIAL AND POLITICAL SCIENCES, UNIVERSITY OF LISBON  |
| 15h15<br><b>ROUND TABLE</b>    | <b>Policies and strategies to alleviate the mental health impact of economic crisis</b><br><b>CHAIR - Miguel Xavier</b> NOVA MEDICAL SCHOOL, NOVA UNIVERSITY OF LISBON<br><b>Kristian Wahlbeck</b> FINNISH ASSOCIATION FOR MENTAL HEALTH, FINLAND<br><b>Dan Chisholm</b> WORLD HEALTH ORGANIZATION<br><b>Clemens Hosman</b> MAASTRICHT UNIVERSITY AND RADBOD UNIVERSITY, NETHERLANDS<br><b>Constantino Sakellarides</b> NATIONAL SCHOOL OF PUBLIC HEALTH, NOVA UNIVERSITY OF LISBON |
| 16h45                          | Coffee break  |
| 17h15                          | <b>Recommendations for Portugal and implications for other countries</b><br><b>CHAIR - Álvaro de Carvalho</b> NATIONAL PROGRAMME OF MENTAL HEALTH, PORTUGAL<br><b>Benedetto Saraceno</b> LISBON INSTITUTE OF GLOBAL MENTAL HEALTH AND NOVA MEDICAL SCHOOL<br><b>Shekhar Saxena</b> WORLD HEALTH ORGANIZATION  |
| 18h15                          | Closing Session   |

Economic crises are periods of high risk for mental health and well-being. However, societies can be more or less resistant to the potential negative effects of recessions depending on the policies they adopt. The Gulbenkian Forum on Mental Health “Socioeconomic crises and mental health – from research to action”, which will be held in a country particularly affected by the economic crises, will bring together the leading world experts on the impact of social determinants on mental ill-health and on population-based strategies to promote mental health. The aims of this 2-day Forum are to update the evidence on the effects of the economic crisis on mental health of the populations, to discuss the strategies that can be adopted to minimize the increased mental health risks of economic crisis, and to draw recommendations to Portugal and other countries interested in implementing these strategies.

#### MORE INFO

#### LISBON INSTITUTE OF GLOBAL MENTAL HEALTH

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